

## **TelePsychiatry Services**

Tele Psychiatry option is made available to clients at Waldorf & Lexington Park locations, for delivery of Psychiatric treatment and medication management via webcam/video/audio.

### **Definition:**

"TelePsychiatry," is defined as the use of two-way real time-interactive audio and video equipment to provide and support clinical psychiatric care at a distance.

TelePsychiatry is appropriate in situations where on-site services are not available due to distance, location, time of day, or availability of resources.

The standard of care delivered via TelePsychiatry will be equivalent to any other type of care that can be delivered to the client.

Prior to providing TelePsychiatry services, explicit informed consent for TelePsychiatry service will be obtained from client and this should be documented. Clients must also have an initial in-person intake-assessment at their original clinic location, prior to using the TelePsychiatry treatment.

### **Technical Requirements:**

Webcams and secure computer technology make services accessible across different office locations, allowing behavioral health professionals to provide services from another location, without having to travel to be seen in person.

Large screen TV monitors at client location are setup to assist their interaction experience with the service providers.

### **Client Check-In & Education Procedure:**

Clients will have to be present at Lexington Park or Waldorf to receive these services.

Prior to receiving TelePsychiatry services, Client Check-In & education procedure will be reviewed with client to help the clients get acquainted with these services.

By using TelePsychiatry services, it's the goal of Vesta, Inc. to provide the same standard of care that a client would receive when using a face-to-face service delivery model.